

stablished 1970

LIGHT BITES		TRADITIONAL LUNCH	
SOUP OF THE DAY (12) Served with homemade Guinness brown bread or a crusty bread roll	€5.50	OUR SERVERS WILL LET YOU KNOW TODAY'S DAILY SPECIALS Served with a selection of freshly prepared and locally sourced vegetables & potatoes	€14.00
FOUR SEASON'S CAESAR SALAD (1, 2, 3, 8 & 11) Lettuce, bacon lardons & crispy croutons VEGGIE SHARING BOARD FOR TWO	€8.00	SIGNATURE SANDWICHES Our signature sandwiches are all garnished with house s Gluten free bread is available upon request	
<pre>(1, 2, 8 & 11) Crumbed garlic mushrooms, chips, vegetable quesadilla & onion rings SHARING BOARD FOR TWO</pre>	€18.95	SANDWICH OF THE DAY Your server will let you know today's daily special	€9.95
(1, 2, 8 & 11) Crumbed garlic mushrooms, chips, spicy chicken wings & baby sticky BBQ ribs	€19.95	BRISKET QUESADILLA (1 & 2) Crispy tortilla stuffed with beef brisket, cheddar cheese & mixed peppers with	€9.95
PIZZAS 12" MARGARITA PIZZA (2, 8 & 11) Tomato sauce base topped with mozzarella, feta & cheddar cheese 12" VEG-A-LICIOUS PIZZA (2, 8 & 11) Tomato sauce base, Monaghan mushrooms, mozzarella cheese, feta cheese, red onions, mixed peppers & cherry tomatoes 12" FOUR SEASON'S PIZZA (2, 8, 9, 11 & 12) Tomato sauce base, Cajun chicken, mixed peppers, salami, red onion, cherry tomatoes & mozzarella cheese	€14.95	sour cream dip OPEN SMOKED SALMON (1, 3, 4, 7, 10, 11 & 12) On Guinness brown bread, capers & a lemon wedge	€12.50
	€14.95	CHEF'S CAJUN CHICKEN WRAP (1, 2, 8 & 11) Cajun chicken with tomato relish, red onion, mixed peppers, cheddar cheese encased in a toasted tortilla wrap with garlic mayo	€9.95
	€15.95	DOUBLE DECKER SAMBO (1, 2, 10 & 11) Bacon, tomato & cheddar cheese on lightly toasted granary bread	€9.95

1. EGGS 2. MILK 3. SHELLFISH 4. MOLLUSCS 5. FISH 6. PEANUTS 7. SESAME 8. SOYA 9. SULPHUR DIOXIDE 10. NUTS 11. CEREALS 12. CELERY 13. MUSTARD 14. LUPIN

FOUR SEASONS HOTEL & Leisure Club MONAGHAN **** Established 1970					
SIDES HOME CUT CHIPS HOUSE SALAD (13) SWEET POTATO FRIES SEASONAL VEGETABLES GARLIC POTATOES (2 & 12) FRENCH FRIED ONION RINGS (11) GARLIC BREAD (2, 11 & 12)	€3.95 each	TEAS & COFFEES DECAFFEINATED TEA LYONS TEA GREEN SUMMER FRUITS PEPPERMINT LEMON & ELDERFLOWER GINGER & LEMONGRASS STRAWBERRY & MANGO CAMOMILE TEA	€3.50 €3.75		
SWEET TREATS TRADITIONAL WARM APPLE TART (1, 2, 8 & 11) Créme anglaise & vanilla ice-cream	€6.50	FILTER COFFEE LATTE CAPPUCCINO FLAT WHITE AMERICANO HOT CHOCOLATE	€3.50 €3.75 €3.75		
FRESH FRUIT PAVLOVA (1 & 2) Berry coulis	€6.50	COCKTAILS			
CHEESECAKE OF THE DAY (2, 8 & 11) Fresh cream or vanilla ice-cream WARM DARK CHOCOLATE GANACHE	€6.50	STRAWBERRY DAIQUIRI With the sweetness of strawberries and the sharpness of lime and rum, it's no surprise the daiquiri is one of the world's most popular cocktails	€9.95		
(1, 2, 6, 8, 10 & 11) Vanilla ice-cream HOMEMADE FRUIT OR	€6.50	BRAMBLE Some say it's a Spring cocktail, we say any Season suits - It brings together the dryness of gin and lemon juice with the sweetness of sugar syrup	€9.95		
PLAIN SCONES (1, 2, 8 & 11) Fresh cream and fruit preserve	€2.95	and blackberry liqueur TWO OF THE ABOVE COCKTAILS FOR ONLY €18.00 Please note that you must order two of the			
HOMEMADE TRAYBAKE (1, 2, 8, 10 & 11) Caramel square Rocky road Carrot cake	€2.95	same cocktail to avail of this offer			
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