

stablished 1970

| LIGHT BITES | | TRADITIONAL LUNCH | |
|---|--------|---|--------|
| SOUP OF THE DAY (12) Served with homemade Guinness brown bread or a crusty bread roll | €5.50 | OUR SERVERS WILL LET YOU KNOW TODAY'S DAILY SPECIALS Served with a selection of freshly prepared and locally sourced vegetables & potatoes | €14.00 |
| FOUR SEASON'S CAESAR SALAD (1, 2, 3, 8 & 11) Lettuce, bacon lardons & crispy croutons VEGGIE SHARING BOARD FOR TWO | €8.00 | SIGNATURE SANDWICHES Our signature sandwiches are all garnished with house s Gluten free bread is available upon request | |
| <pre>(1, 2, 8 & 11) Crumbed garlic mushrooms, chips, vegetable quesadilla & onion rings SHARING BOARD FOR TWO</pre> | €18.95 | SANDWICH OF THE DAY Your server will let you know today's daily special | €9.95 |
| (1, 2, 8 & 11) Crumbed garlic mushrooms, chips, spicy chicken wings & baby sticky BBQ ribs | €19.95 | BRISKET QUESADILLA (1 & 2) Crispy tortilla stuffed with beef brisket, cheddar cheese & mixed peppers with | €9.95 |
| PIZZAS 12" MARGARITA PIZZA (2, 8 & 11) Tomato sauce base topped with mozzarella, feta & cheddar cheese 12" VEG-A-LICIOUS PIZZA (2, 8 & 11) Tomato sauce base, Monaghan mushrooms, mozzarella cheese, feta cheese, red onions, mixed peppers & cherry tomatoes 12" FOUR SEASON'S PIZZA (2, 8, 9, 11 & 12) Tomato sauce base, Cajun chicken, mixed peppers, salami, red onion, cherry tomatoes & mozzarella cheese | €14.95 | sour cream dip OPEN SMOKED SALMON (1, 3, 4, 7, 10, 11 & 12) On Guinness brown bread, capers & a lemon wedge | €12.50 |
| | €14.95 | CHEF'S CAJUN CHICKEN WRAP (1, 2, 8 & 11) Cajun chicken with tomato relish, red onion, mixed peppers, cheddar cheese encased in a toasted tortilla wrap with garlic mayo | €9.95 |
| | €15.95 | DOUBLE DECKER SAMBO (1, 2, 10 & 11) Bacon, tomato & cheddar cheese on lightly toasted granary bread | €9.95 |

1. EGGS 2. MILK 3. SHELLFISH 4. MOLLUSCS 5. FISH 6. PEANUTS 7. SESAME 8. SOYA 9. SULPHUR DIOXIDE 10. NUTS 11. CEREALS 12. CELERY 13. MUSTARD 14. LUPIN

| FOUR SEASONS HOTEL & Leisure Club MONAGHAN **** Established 1970 | | | | | |
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| SIDES HOME CUT CHIPS HOUSE SALAD (13) SWEET POTATO FRIES SEASONAL VEGETABLES GARLIC POTATOES (2 & 12) FRENCH FRIED ONION RINGS (11) GARLIC BREAD (2, 11 & 12) | €3.95 each | TEAS & COFFEES DECAFFEINATED TEA LYONS TEA GREEN SUMMER FRUITS PEPPERMINT LEMON & ELDERFLOWER GINGER & LEMONGRASS STRAWBERRY & MANGO CAMOMILE TEA | €3.50 €3.75 | | |
| SWEET TREATS TRADITIONAL WARM APPLE TART (1, 2, 8 & 11) Créme anglaise & vanilla ice-cream | €6.50 | FILTER COFFEE LATTE CAPPUCCINO FLAT WHITE AMERICANO HOT CHOCOLATE | €3.50 €3.75 €3.75 | | |
| FRESH FRUIT PAVLOVA (1 & 2) Berry coulis | €6.50 | COCKTAILS | | | |
| CHEESECAKE OF THE DAY (2, 8 & 11) Fresh cream or vanilla ice-cream WARM DARK CHOCOLATE GANACHE | €6.50 | STRAWBERRY DAIQUIRI With the sweetness of strawberries and the sharpness of lime and rum, it's no surprise the daiquiri is one of the world's most popular cocktails | €9.95 | | |
| (1, 2, 6, 8, 10 & 11) Vanilla ice-cream HOMEMADE FRUIT OR | €6.50 | BRAMBLE Some say it's a Spring cocktail, we say any Season suits - It brings together the dryness of gin and lemon juice with the sweetness of sugar syrup | €9.95 | | |
| PLAIN SCONES (1, 2, 8 & 11) Fresh cream and fruit preserve | €2.95 | and blackberry liqueur TWO OF THE ABOVE COCKTAILS FOR ONLY €18.00 Please note that you must order two of the | | | |
| HOMEMADE TRAYBAKE (1, 2, 8, 10 & 11) Caramel square Rocky road Carrot cake | €2.95 | same cocktail to avail of this offer | | | |
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